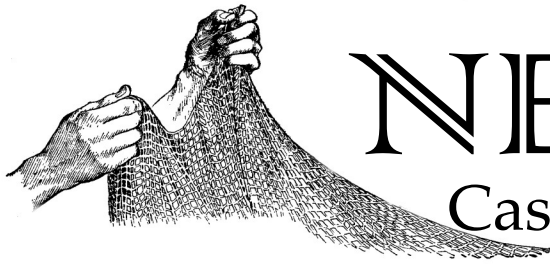

West River United Church



NETWORK...

Casting a vision. Pulling together.

www.westriverunited.com — 902-566-4052 — office@westriverunited.com

West River United Church

Spring Breakfast and Bake Sale



Saturday, April 27th, 8:30 - 10:30 am

Church Hall, 9 Cornwall Road

Cost - \$8.00 Adult - \$3.00 Child under 10

— MENU —

*Pancakes and Sausages
Cinnamon Rolls, Cheese, Muffins
Fruit Cup, Juice, Tea or Coffee*



*Can't stay for breakfast?
Drop in and pick something
up from the Bake Table!*



Spring Breakfast and Bake Sale Volunteers needed

Our 2019 Spring Breakfast and Bake Sale is coming up on April 27th from 8:30 am to 10:30 am and **we are in need for more volunteers to run this popular event. Please consider helping out!** You will find the sign up sheets for workers and food donations in the hall after our Sunday Service. Tickets are on sale now! You can also purchase your tickets in the church office. If you have any questions, please contact Sharon Smith at 902-566-3208, Edith Scott at 902-566-2425 or Barb Campbell 902-566-3864.

Sunday, April 21st, 2019

Camp Day

We will be celebrating the ministry of camping on April 28th, and everyone is encouraged to wear camp or other t-shirts to the service. There will be a camp sing song after the service in the hall, s'mores station, photo booth, and T-shirt upcycling demonstration. During this service, and again on May 5th, the youth will be collecting loose change that will be donated directly to Camp Abby. If you have a camping story you would like to share, please let Andrea know through the church office.

Biblical Study and Hymn Sing:

Everyone is welcome to come examine the story behind two great influences in Western Christianity, namely, the King James Bible and the Sankey hymnbook. Martin Dawson will lead this study as we learn about the bible and also sing some hymns. This study will take place over a 4 week period, starting on Tuesday May 7, 14, 21, 28. **Please note the time change. 7:00 p.m.** Please contact the office if you have any questions.

Phase II and Friends — Here Comes Summer

On May 5, at 7 PM, Phase II and Friends will perform their newest show, entitled : Here Comes Summer. After a long, cool winter, the band is ready to warm up the atmosphere with a great mix of lively music that is sure to chase all memory of feeling cold, and replace it with thoughts of sunshine, sand, and our Island at its most beautiful.

Phase II and Friends are best known for their high energy and the wide variety of music which they carefully select for every show. Whether bopping to the beat of a classic rock n' roll tune, or being lifted up by the haunting melody of Hallelujah, the audience will see a performance in which every member of the group puts forth their absolute best effort from start to finish.

This group loves what they do, and it shows.

With a theme like Here Comes Summer, expect to hear songs that remind us of the summers of our youth- songs by the Beach Boys, Elvis Presley, Patsy Cline and the Beatles. Happy tunes by the Temptations, Neil Sedaka, Abba and Linda Ronstadt will have the audience singing along as we all walk down Memory Lane.

This event is a fund-raiser for the church. For two hours of great music, make your way to West River United Church in Cornwall on May 5, beginning at 7PM.

Advance tickets may be obtained after church on April 21st and 28th, or by contacting the Church office.

Stroll for Your Soul

Stroll for Your Soul Series: invites mindful attention and offers 21 emails delivering incentive, focus and inspiration to your email inbox. It takes 21 days to create a habit. Use these daily emails as motivation to get outside. They will help you notice the green and growing glories of spring. If you are a regular walker, they offer practice at paying attention and being in the present moment. Weave silence and mindful reflection into whatever minutes you have to give to yourself.

Are you a fair weather person needing encouragement to get back in your walking shoes?

Are you a runner seeking mindfulness on your daily run?

Are you a biker, a hiker, a skate boarder wanting inspiration with your exercise? To sign up please contact the office with your email. Pre-registration is required before May 7th.

Invitation

The Spiritual Care Department would like to invite both new and current Spiritual Care volunteers to our workshop on Monday, May 13th, 2019 from 10:00 am – 12:00 pm in the QEH CTC Conference Room. Coffee and tea will be provided.

The theme is,

Communication: “I don’t know what to say”

- How to approach patients, families, and staff
- Simple techniques, case studies, and communication strategies

Please call the Spiritual Care Department at 902-894-2053 or email Mary at mkbungay@ihis.org by May 1st to confirm your attendance.

Sadie Off the Rails

The Young at Heart musical theater presents “Sadie Off the Rails” on Thursday, April 18th at 12 noon at the Cornwall Civic Centre. Free Admission.

A true story of Sadie Calhoun, a vaudeville stage and moving pictures star who visited Prince Edward Island in the early 1900’s. The cast takes an imaginary trip by train across PEI visiting people and places familiar with many audience members. All are welcome!

For questions please contact Nadine Moffatt at 902-566-5899 or Diane Crozier at 902-566-2357.

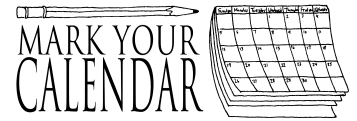
Veterans Drop In

The next Veterans Drop In will be April 26th, 2019 at the Kingston Legion New Haven from 11:00 am to 13:00 pm. All Military and RCMP veterans welcome. Coffee, tea, biscuits and muffins provided.

Upcoming Worship Services

Worship Service, Camp Day, Sunday, April 28th at 10 am

(DVD's of every Worship are available to borrow from the church office.)



Happenings in our local Church Community

No Youth group on Sunday, April 21st! We will resume on the 28th.

Do Drop In....coffee time at the Church, Thur., April 25th, 10 am, Parlour

Spring Breakfast & Bake Sale, Saturday, April 27th, 8:30 am to 10:30 am

Worship Committee Meeting, Wednesday, May 1st at 6:30 pm, Parlour

Phase II and Friends Concert "Here Comes Summer", Sunday, May 5th at 7 pm, more details to come

Biblical Hymn Sing, Tuesday evening at 7 pm on May 7, 14, 21, 28, Parlour.

Stroll for Your Soul, starts May 8th. Pre-registration required before May 7th.

Pastoral Care Meeting, Thursday, May 9th at 1:30 Parlour

Council Meeting, Wednesday, May 15th at 6:30 pm

Church office hours are Monday to Friday from 8:30 am to 1:00 pm.

The office will be closed for April 17th, 18th, Good Friday and Easter Monday.

In case of an after hours emergency situation
please call Rev. Barbara J. Cairns at (902) 569-4259
or email barbarajcairns@gmail.com
